

November 2025

Dear DG Rtn Dr. Gu gnani,

Rotary Greetings!

Projects

for the month of November 2025: 1. Mammography Screening Camp, 1st November 2025



Rotary Club Gurgaon successfully conducted a Mammography Screening Camp for women on 1st November 2025 at M3M Woodshire, Sector 107, Gurugram. President Subhash Chand Singla, Hony. Secretary Rajeev Kumar Gupta, Mrs. Reenu Gupta, Mr. Manoj Gupta attended this camp. A total of 22 mammogram tests were conducted, contributing to early detection and awareness for women's health. This initiative continues our club's strong commitment towards community health and cancer prevention. Heartfelt thanks to all members and volunteers for their active support and participation.

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2. Project “Plastic Warriors”, Save Environment Initiative, 1st November 2025



Our Club members visited the Gaushala at Daulatabad today under our ongoing “Save Environment – Plastic Warriors” initiative. During the visit, the team distributed one large plastic bin to support waste segregation and plastic collection at the Gaushala. Additionally, Chara (fodder) and other eatables for the cows were also provided as part of our service initiative. This activity reflects our club’s commitment towards both environmental conservation and animal welfare.

3. Tree Plantation Drive, 1st November 2025



Under the ongoing Environmental Sustainability initiative of Rotary Club Gurgaon, members today organized a Tree Plantation Drive at Gaushala Maidan, Daulatabad. Various plant seeds were planted to promote greenery and enhance the ecological balance of the area. The initiative aimed to spread awareness about the importance of plantation and protecting our environment for a cleaner and greener future. This activity was part of our continuous efforts under “Save Environment – Plastic Warriors” project.

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4. Installation of Plastic Bin, 1st November 2025



Installation of Plastic Bin at M3M Woodshire | 1st November 2025

Under Rotary Club Gurgaon's ongoing "Save Environment – Plastic Warriors" initiative, a plastic collection bin was established today at M3M Woodshire, Sector 107, Gurugram. The purpose of this project is to collect and recycle plastic waste generated in the locality, promoting responsible disposal and environmental sustainability. This initiative encourages residents to actively participate in creating a cleaner, greener, and plastic-free environment. Another meaningful step by Rotary Club Gurgaon towards protecting our planet and supporting sustainable living.

5. Blood Donation Camp, 2nd November 2025



Our Club organized Blood Donation Camp at Club House, The Retreat, South City 1 on 2nd November 2025. We are very thankful Dr Kapil Lall, Dr. Himanshu Lall and PP Dilip Grover for this noble initiative. 33 Units of blood were collected. Special appreciation to Rtn. Dr. Kapil and Rtn. Dr. Himanshu for their inspiring gesture of donating blood. Hony. Secretary Rtn. Rajeev K Gupta, Dr Kapil Lall, Dr. Himanshu Lall and PP Dilip Grover graced the occasion.

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6. Rotary Public Image Seminar, 2nd November 2025



Rotary Public Image Seminar was held on 2nd November 2025 at PHD House, New Delhi. President Subhash Chand Singla, DGN Dr. Pushpa Sethi and AG Manish Aggarwal attended this event from our club. During the seminar, Rotary Club Gurgaon was recognized with a prestigious award which was selected by President Subhash Chand Singla. On request of President, DGN Dr. Pushpa Sethi further shared that the “TEJASVITA – Rotary’s Glory, Our Collective Story,” was an insightful celebration of Rotary’s impact, featuring an interactive session on media relations and social media strategies. The event was graced by Chief Guest Rtn. Subhash Kulkarni, Rotary Public Image Coordinator, Zone 4 (2025–28) and Guest of Honour Mr. Sayeed Ansari, Senior Journalist from Aaj Tak. President emphasized the importance of enhancing Rotary’s Public Image and highlighted that greater visibility brings greater recognition.

7. Regular Club Meeting, 3rd November 2025



Regular Club Meeting – 15th meeting of the Rotary Year 2025-26 was held at Treehouse Queens Pearl Gurugram on 3rd November 2025 followed by Drinks and Dinner. Important matters were discussed. It was a very fruitful meeting.

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8. Installation Ceremony, Rotaract Club of DSD College



Installation Ceremony of the Rotaract Club of DSD College was successfully held on 4th November 2025, and attended by members from our Club. He appreciated the enthusiastic participation and congratulated the newly installed team.

9. Eye & Hemoglobin Checkup, 6th November 2025



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Rotary Club Gurgaon organized Eye & Hemoglobin Checkup camps on 6th November 2025 at the Sector 9A Community Center, Gurgaon, following were benefitted from this camp
 140 underprivileged children received eye checkups, 45 received free spectacles, 30 received medicines, 114 children/teachers had hemoglobin tested, 76 were found to be below Hb 12
 All were provided medicines. Additional medicines earlier distributed to 80 underprivileged children Medicines were sponsored per guidelines of PP Dr. Pushpa Sethi (DGN), who provided both support and medical staff. President Subhash Chand Singla, First Lady Veena Singla, PP O.P. Pahwa, Rtn. Renu Gupta, Rtn. Manoj Gupta attended this event.

10. Sanitary Pad Distribution, 6th November 2025.



Rotary Club Gurgaon distributed 200 sanitary pads to women and girls at Sector 9A Community Center, Gurgaon on 6th November 2025.

11. Health Checkup Camps, 6th November 2025



Rotary Club Gurgaon in association with Rotaract Club of Sushant University organised Health Checkup Camps at Sushant University, Gurugram on 6th November 2025.

• 65 units of blood collected • 50 eye checkups • Dental checkups conducted
 IPP Manmohan Bharara, Rtn. Parshant Gaba, PP Dilip Grover and President Subhash Chand Singla attended this event.

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12. Blood Transfusion at Thalassemia Centre, 6th November 2025



Rotary Club Gurgaon continues its humanitarian commitment through its permanent project, the Thalassemia Centre, operating at the Rotary Blood Bank Centre on Pataudi Road, Gurgaon. Club expresses sincere gratitude to PDG Dr. Sushil Khurana and Project Chairman PP Rtn. Sanjay Jain for their dedicated guidance and support. Under the efficient coordination of Dr. M.P. Jain, the centre successfully conducted blood transfusions for thalassemia patients on scheduled dates. On 6th November 2025, a total of 12 units of blood were provided to 8 patients. The project continues to play a vital role in ensuring timely medical support and improving the quality of life for children and families battling thalassemia.

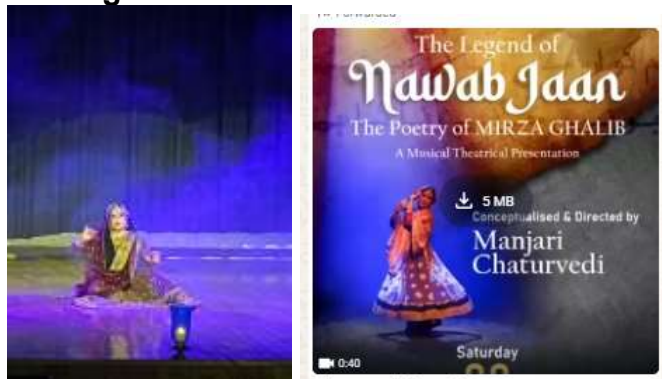
13. Blood Transfusion at Thalassemia Centre, 7th November 2025



Rotary Club Gurgaon continues its humanitarian commitment through its permanent project, the Thalassemia Centre, operating at the Rotary Blood Bank Centre on Pataudi Road, Gurgaon. Club expresses sincere gratitude to PDG Dr. Sushil Khurana and Project Chairman PP Rtn. Sanjay Jain for their dedicated guidance and support. Under the efficient coordination of Dr. M.P. Jain, the centre successfully conducted blood transfusions for thalassemia patients on scheduled dates. On 7th November 2025, 11 units were administered to 7 patients. The project continues to play a vital role in ensuring timely medical support and improving the quality of life for children and families battling thalassemia.

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14. The Legend of Nawab Jaan – Cultural Event, 8th November 2025



A unique artistic experience celebrating Mirza Ghalib through music, dance & storytelling by Manjari Chaturvedi and narrator Ekant Kaul, held on 8th November 2025 at Delhi Cantt, followed by High Tea. Dr. Rashmi Khurana briefed the House about the unique Galib Party presentation. DG Ravi Gugnani graced the occasion.

15. Pink Gulabi Udaan – 9th November 2025



Event supported by DGN Dr. Pushpa Sethi and Mrs. India 2023 as Chief Guest. 200 nearby students were served breakfast during the programme.

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16. Mega Blood Donation Awareness Rally, 9th November 2025



Mega Blood Donation Awareness organized by the Rotaract Club of The NorthCap University at Sector 14, Gurgaon on 9th November 2025. The rally promoted voluntary blood donation and witnessed active participation and a positive community response.

17. Joint Meeting with Rotary Gurgaon Clubs, 10th November 2025



Joint Clubs Meeting – 16th meeting of the Rotary Year 2025-26 was held at Treehouse Queens Pearl Gurugram on 10th November 2025 followed by Drinks and Dinner.

It was attended by Presidents of Rotary Club of Gurgaon Central, Rotary Club of Gurgaon Qutab Enclave, Rotary Club of Gurgaon Premier, Rotary Club of Shine, Rotary Club of Gurgaon Civil Lines, Rotary Club of Gurgaon Cosmopolitan along with their office bearers. Many ideas, plans were shared by each other clubs. It was a very fruitful meeting.

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Speaker Meeting-



Speaker for the day was Rtn. Dr. Pawan Rawal and spoke on the topic of “Healthy Lifestyle and Eating Habits for a Healthy Body, Healthy Gut & Healthy Liver”. Dr. Rawal delivered an insightful presentation covering - Balanced nutrition, Mindful eating, Physical activity, Preventive healthcare, Avoiding addictions (tobacco, alcohol, harmful substances), Sustainable lifestyle habits. A lively Q&A session followed. Dr. Rawal was presented with a token of gratitude by PDG Dr. Sushil Khurana.

18. Major Donor Recognition, 10th November 2025



President congratulated Dr. Savita Chopra (PE & VP, Rotary Club Gurgaon) for her name appearing in the Major Donors List. The House conveyed warm wishes and appreciation.

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19. International visit of IPP Manmohan Bharara, 10th November 2025



IPP Manmohan Bharara shared that during his visit to New York, he exchanged Club Flags with President Lani Jouse Sison, Rotary Club of Manila Bay, RID 30960. The exchanged flag was formally submitted during the meeting on 10th November 2025.

20. Presentation – EREY 100% Foundation Giving Club Banner



IPP Manmohan Bharara presented the EREY 100% Foundation Giving Club Banner for Rotary Year 2024–25 on 10th November 2025, awarded for an average contribution of US \$100 per member with 100% participation. President also acknowledged beneficiary Arsh, AG Hitesh Jain, and PP Bharara ji for their support.

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21. Mega Blood Donation Camp, 11th November 2025



Our Club organised a Mega Blood Donation Camp in association with Rotaract Club of G. D. Goenka University on 11th November 2025.

- Total registered donors: 216
- Total units of blood collected: 173
- Deferrals: 43

This enthusiastic participation truly reflected the spirit of Humanity, Service & Compassion. Each unit of blood donated has the potential to save up to three lives, making the effort deeply impactful.

Vice Chancellor of G. D. Goenka University appreciated the dedicated efforts of our Club. The President especially thanked PP Rtn. Dilip Grover and IPP Rtn. Manmohan Bharara, who are actively working with Rotaract and Interact Clubs for impactful community service projects such as Blood Donation and Sanitary Pad Distribution.

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**22. Good Touch – Bad Touch awareness sessions
13th & 14th November 2025**



Our Club organised Good Touch – Bad Touch awareness sessions on 13th & 14th November 2025 across various government schools, reaching out to over 350 + 513 students.

Our committed Rotarian Rtn. Reenu Gupta, along with her team members, conducted these sessions with great dedication.

The sessions focused on:

- Helping children identify the difference between safe and unsafe touch
- Enabling them to recognise uncomfortable or unsafe situations
- Teaching them the “No–Run–Tell” approach whenever they feel threatened

This initiative was an important step towards empowering young children with knowledge, safety awareness, and the confidence to protect themselves.

23. Old Clothes Distribution Drive – Sector 4 Community Centre, 15th November 2025



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Our Club organized Old Clothes Distribution Drive at the Community Centre, Sector 4, Gurugram on 15th November 2025. Under the dedicated supervision of Rtn. Reenu Gupta and her associates, clothes were distributed to needy families, bringing warmth and comfort to many beneficiaries.

24. Blood Donation Camp, 17th November 2025



Blood Donation Camp was organised on 17th November 2025 at Milestone Experion Centre, Gurugram. Total 28 units of blood were collected. The Club placed on record its sincere thanks to Mr. Lakshit Goel and Mrs. Palak Goel (son and daughter-in-law of PP Rtn. Mandeep Kishore Goel and Rtn. Deepali Goel) for their generous act of donating blood and inspiring others by their commitment to society.

25. Thalassemia Centre update, 17th November 2025



On 17th November 2025, at Kadipur, Sector 10, Gurugram, the Hon'ble Minister of State for Health, Ms. Aarti Rao, along with MLA Mr. Mukesh Sharma, visited our Thalassemia Centre operated under the UnitedForGood campaign through the joint efforts of Rotary Club Gurgaon and Rotary Blood Bank Gurugram.

During their visit, they reviewed the condition of patients undergoing dialysis and closely inspected the medical facilities available at the centre. The visit further strengthened the recognition of Rotary's contribution in the field of healthcare.

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26. Baby Kit Distribution, 19th November 2025



Baby Kit Distribution program was successfully organised in association with Mahaveer International Gurugram on 19th November 2025, where 200 baby kits were distributed to mothers of newborns with the aim of supporting maternal and child well-being. The initiative was efficiently organised under the leadership of PP Hitesh Jain, Chairman, Mahaveer International. We extend our heartfelt thanks to PP Raman Parnami, PP Dilip Grover, Rtn. Meenakshi Jain, Rtn. Pooja Gupta and Rtn. Rajeev Kumar Gupta for their gracious presence and support during the distribution.

27. Visit to Agra by Love Express, 19th November 2025



A memorable visit to Agra was organised on 19th November 2025 by the Love Express, under the dynamic leadership of DG Rtn. Dr. Ravi Gugnani, who invited the District Team, Club Presidents and their spouses for this special journey.



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The Love Express journey was filled with excitement and camaraderie. The train ride was lively, with cheerful conversations, laughter, and bonding moments that strengthened Rotary friendships. The destination, the enchanting City of Love – Agra, added to the charm as the majestic Taj Mahal awaited the visitors with its timeless beauty.

28. Old Clothes Distribution Drive, Sector 48, Gurgaon, 20th November 2025



Our Club, in collaboration with the Namo Namo Morcha team, organised another Old Clothes Distribution Drive at Sector 48, Vipul World, Gurugram on 20th November 2025. This initiative aimed at supporting underprivileged families by providing them with clean and usable clothing. 120 people benefited from this drive. A heartfelt thanks was expressed to Rtn. Reenu Gupta, Rtn. Manoj Gupta, President Rtn. Subhash Chand Singla and all other dedicated volunteers contributed their time and efforts to make this service activity successful.

29. Visit to Dream Girl Foundation, 22nd November 2025

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Our Club, in association with the Rotaract Club of G. D. Goenka University, carried out a community service initiative by visiting Dream Girl Foundation, Sector 9, Gurugram on 22nd November 2025. Dream Girl Foundation educates around 75 students, from Primary to Class XII, all from underprivileged families, free of cost. This visit reflected our commitment to spreading joy, support, and positivity among children who inspire us with their resilience and spirit.

The visit focused on:

- Interacting with the children and understanding their needs
- Encouraging learning through fun and engaging activities
- Supporting the foundation through thoughtful contributions
- Strengthening our mission of Service Above Self

Rtn. Ashok Kumar Gupta shared his experience of the program. Food packets and homemade cake were distributed, sponsored by his family. The project was motivated by IPP Rtn. Manmohan Bharara and was attended by Rtn. Ashok Kumar Gupta and his family.

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30. Mammography Camps, 22nd November 2025



Our Club organised Mammography Camps on 22nd November 2025 at Sector 107, Gurugram. 20 mammogram screenings are done. This initiative furthered our ongoing commitment towards early detection and prevention of breast cancer.

31. Mammography Camps, 24th November 2025



Our Club organised Mammography Camps on 24th November 2025 at Sector 107, Gurugram. 20 mammogram screenings are done. This initiative furthered our ongoing commitment towards early detection and prevention of breast cancer.

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32. Regular Club Meeting, 24th November 2025



Regular Club Meeting – 17th meeting of the Rotary Year 2025-26 was held at Treehouse Queens Pearl Gurugram on 24th November 2025 followed by Drinks and Dinner. Important matters were discussed. It was a very fruitful meeting.

33. Donation for Mammography Van, 24th November 2025



Our AKS Rtn. Arun Kumar Jain and AKS Rtn. Alka Jain have jointly donated Rs. 8,90,000, equivalent to US \$10,000, towards our Mammography Van project on 24th November 2025 during the meeting. On the request of the President, AKS Rtn. Arun Kumar Jain shared that he has constructed a full ward in Vivekanand Hospital, Gurugram, in the loving memory of his brother.

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34. Good Touch Bad Touch Awareness Drive – 26th November 2025



Rotary Club Gurgaon successfully conducted Good Touch Bad Touch awareness classes across seven government schools, spreading awareness on personal safety and empowering young students.

Govt Schools Covered:

- * Aklimpur (Boys & Girls)
- * Tikri
- * Sukhrali (Boys & Girls)
- * Sarhaul (Boys & Girls)

Total Students Reached: 1397 children

This meaningful initiative was organised by Rtn. Reenu Gupta along with her associates and Rtn. Sushma Jain, whose dedicated efforts made the project a great success. Proud moment for Rotary Club Gurgaon as we continue to work towards child safety and awareness.

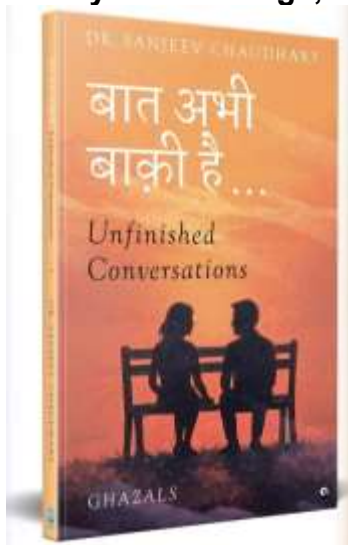
35. Good Touch Bad Touch Awareness Drive – 26th November 2025



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Rotary Club Gurgaon successfully conducted Good Touch Bad Touch awareness session at Govt. Primary School, Sector 15, Gurgaon on 26th November 2025 spreading awareness on personal safety and empowering young students. Total 350 attended this session. It was a meaningful initiative organised by Rtn. Reenu Gupta along with her associates and Rtn. Sushma Jain, whose dedicated efforts made the project a great success. Proud moment for Rotary Club Gurgaon as we continue to work towards child safety and awareness.

36. Rotary Public Image, Dr. Sanjeev Chaudhary, 27th November 2025



We are delighted to share that Dr. Sanjeev Chaudhary has published his second hindi book, titled “Unfinished Conversations”, a beautiful collection of ghazals. To honour this proud achievement, our Rotary Club Gurgaon will dedicate the meeting of 8th December to this special occasion.

37. REGALIA 2025 – 38th Annual Function, 29th November 2025





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Regular Club Meeting – 18th meeting of the Rotary Year 2025-26 was merged with REGALIA 2025 – 38th Annual Function of Rotary Public School Gurgaon on 29th November 2025. The event was graced by Rtn. T. N. Subramanian (online), Past Rotary International Director, as the Chief Guest, and Shri Shripal Jain, CMD of DLJM Group of Industries, as the Guest of Honour. Our District Governor Dr. Ravinder Gugnani, DGN Dr. Pushpa Sethi, IPDG Dr. Mahesh Trikha, a distinguished galaxy of PDGs, district dignitaries, and club presidents were also present. The function was exceptionally well organized and truly memorable, executed with great dedication. We extend our heartfelt gratitude to SMC Chairman PP Anil Jain, Director Principal Ms. Sandeepa Rai, and the entire school staff for their exemplary efforts. Overall, the program was attended by 125 Rotarians, in addition to parents and students.

With Rotary Regards
For Rotary Club Gurgaon

Subhash Chand Singla
President

Rajeev Kumar Gupta
Hony. Secretary